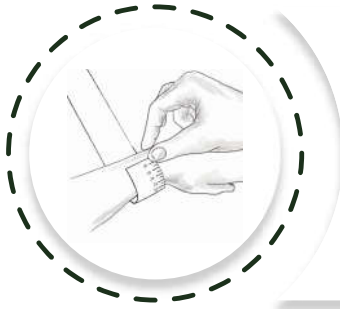


MEASURE YOUR WRIST SIZE



STEP 1:

Cut out the measure and place the end on your wrist, using your thumb to hold it in place. Make sure the numbers are on top. Resting your hand on a table makes this easier.

STEP 2:

Use your remaining fingers to wrap the other end of the measure around your wrist, below the wrist bone. Adjust the tightness of the measure,



STEP 3:

The arrow indicates your wrist size. Write this down, or mark it on the measure. If it is between two sizes, use the larger one.

26
25
24
23
22
21
20
19
18
17
16
15
14
13
12
11
10
cm

CONFIRM PRINTED PAPER SIZE

Before printing:
Ensure that Page Scaling is set to "None" on your print dialog box.
(To open the print dialog box, press CTRL+P.)

Measure the bars on the below.
It must be exactly 1 inch or 3 cm long to insure accuracy.



Jaztime
The Swiss Watch Pros



Your Wrist Size
▼